C.B.T Journal

I believe that the soul of every man/woman does contain unfathomed possibilities for evil and violence, as well as innocence and love. This is because there can be such a traumatic situation that a person can experience which can lead to violence. For instance, accidents can cause brain injuries and could make a person turn violent. Furthermore, if a person did have brain issues, they would still care for certain things and have pride in it. Examples are family, hobbies, jobs, and friends. But other than that, humans are very unpredictable. A man/woman can just go violent without an explanation, perhaps due to an infection or that they are born with a mental disorder. As these people are raised, they experience love and innocence towards family. Also, people can take substances, and this can change their mental state.